



# BACKYARD ADVENTURES

## *Hammocking*

[thethirstytourist.com](http://thethirstytourist.com)



### WHAT IS HAMMOCKING:

Hammocking is using a hammock for the art of relaxation or sleeping along your journey. Set-up is easy and requires only two cords and two clips to secure the hammock between two trees or posts.

### BEST PLACES TO HAMMOCK:

Anywhere with trees or posts to secure the hammock! Favorites include forests, beaches and your backyard.



### *Accessories:*

